



Wider Curriculum Unit Plan for Home learning		
Subject: PSCHE	Unit: Spring 2: Online – self identity, Mental health, Finance, NSPCC	Year: 1
Session 1 Online	Safer Internet Week- How do you stay safe when searching for something online? <ul style="list-style-type: none"> • Think – How can we stay safe when searching for something online? • Listen to the Detective Digi Duck story. • Think - What does Wise Owl tell the group to do if they are unsure about something online? Look at his top tips for searching online. • Create present Wise Owl's advice for being safe online. You could create a poster, record a video or even create your own song. 	
Session 2 Online	Safer Internet Week- Can we trust everyone we speak to online? <ul style="list-style-type: none"> • Think – Can we trust everyone we speak to online? • Listen to the story Digi Duck's Famous Friend • Activity – Try to remember the events in the story to answer the questions below. You could write, video or voice record your answers. 	
Session 3 Mental Health	How can you express yourself? <ul style="list-style-type: none"> • Watch this video to learn about what mental health is and how we can express ourselves. • Choose one of the following activities that you would like to try • Create a dance, sing a song, listen to a new song, listen to some music and draw, paint a picture or write a poem. • Remember to choose something that makes you feel good. 	
Session 4 Finance	What is the value of each coin and how do I pay for things in a shop? <ul style="list-style-type: none"> • Look at the coins in resource (a) can you name them all? • Can you use the coins to make the correct amount? Write the amount and draw the coins you need underneath. Choose the resource that challenges you. (b&c) • Challenge: Can you work out how much change you get? 	
Session 5 Finance	Why do people save money? <ul style="list-style-type: none"> • How does receiving a present make you feel? How do you feel if you give someone a present? • Mari wants to buy her friend a birthday present. How long will it take her to save up for each present (resource a) Challenge – How long would it take Mari to save for all 5 items? • Remember we don't always have to spend a lot of money on presents. What is important is that we are grateful and thankful. Can you write down 5 things that you could give or make that would not cost a lot of money? If you are stuck, use resource (b) to help you 	
Session 6	No PSHCE week 6	



Top Tips For Searching Online



Wise_Owl's advice:

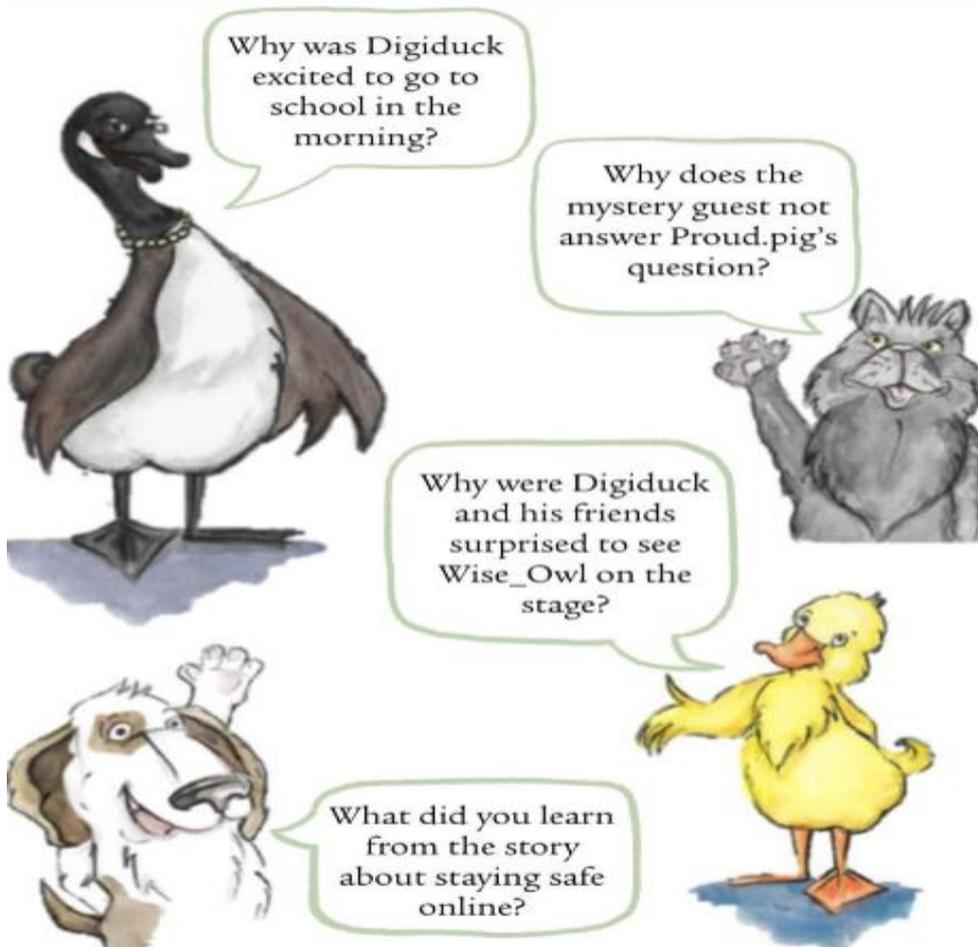
- ✓ Talk about it with an adult.
- ✓ Check another website.
- ✓ Use books to help.
- ✓ Look out for things that seem strange.
- ✓ Think about what you know already.

Can you think of any of your own?



Lesson 2 – Online Safety

Talk about the story



a)

Which coins do you recognise?

b)

Coin card B

Using at least **two** coins, make the following amounts (draw or write your answers)...

5 pence	7 pence	10 pence	16 pence	21 pence

Can you think of any other way to make these amounts using different combinations of coins?

c)

Coin card C

Using at least **two** coins, make the following amounts (draw or write your answers)...

12 pence	22 pence	31 pence	40 pence	62 pence

Can you think of any other way to make these amounts using different combinations of coins?

d)

How much change?

Resource – Lesson 5

[Top of page](#)

a) Mari wants to buy her friend a birthday present.

Mari gets £3 pocket money each week and also gets £2 for cleaning the car each week. How long will it take her to save up?

Present	How Long to Save
 £5	
 £10	
 £50	
 £70	

b)

Could you make a present?

