

# Year 4 Curriculum Summer Week 4

## To do throughout the week...

<b>Wellbeing</b>	Question: <b>Can you ever be too patient?</b> To think about: What does media balance mean for me? Watch video: <a href="#">Media Balance</a>
<b>Daily Exercise</b>	Keep active! Make sure you do something active each day. Maybe do the exercises <a href="#">here</a> . <b>Activity:</b> <a href="#">Try holding some yoga poses</a>
	<b>The Great 8</b> are fun challenges suitable for the whole family. See below.

Here are the curriculum activities for the week. You can do in any order you choose. Try to do these this week as next week's activity will follow on in each subject.

<b>Science</b>	<b>Environmental Change</b> <ul style="list-style-type: none"> <li>Play the <a href="#">habitat game</a> to learn more about where different animals live and why.</li> <li>Make a list of some animals and plants that could exist in a local wildlife area.</li> <li>Write a list of positive and negative effects on the animals and plants if a new, very busy road was built next to a wildlife area (use the examples if needed)</li> </ul>	
<b>History</b>	<b>Vikings as raiders</b> <ul style="list-style-type: none"> <li>Look at the picture of Viking warriors</li> <li>Make a list of the clothing and equipment you can see and think of anything else you can learn from the picture.</li> <li>Read the <a href="#">information</a> about Viking Raiders and use the information to draw and label a Viking warrior and a Viking longship.</li> </ul>	
<b>Geography</b>	<b>Why are different foods grown in different countries?</b> <ul style="list-style-type: none"> <li>What sort of foods that you and your family eat are grown in other countries? (How many can you remember?!) </li> <li>Look at this <a href="#">website</a> to find out why the UK and other countries import food. Does it matter that so much of our food is grown in other countries?</li> <li>Write down 2 or 3 problems with buying food that is grown in countries a long way away from the UK, and write down 2 or 3 ways families could reduce their food miles.</li> </ul>	
<b>PE</b>	<b>Running (reaction- start positions)</b> <ul style="list-style-type: none"> <li><b>Reaction drills:</b> try all the different start positions; sit- cross legged/straight legs, kneel, lie down front/back. Have someone call out "On your marks, get set... GO" Leap up as fast as you can! Can you beat a family member? Be 1<sup>st</sup> to high five your starter caller.</li> <li><b>Relays-</b> between two markers as fast as you can. Count how many shuttle runs you complete in 1 minute. Have a 1 minute rest and repeat. <b>Or see card game below</b></li> <li><b>Test</b> your reaction skills with these <a href="#">online mini games</a></li> </ul>	You will need- A starter caller and someone to compete against
<b>RE</b>	<b>Pilgrimage to the Hajj</b> <ul style="list-style-type: none"> <li>Where in your home is so peaceful that you could make a 'pilgrimage'?</li> <li>Watch this <a href="#">video</a> and think about the key places in a pilgrimage to the Hajj.</li> <li>Draw and label your own map of the Hajj route (including Ka'bah; Mounts Safa &amp; Marwah (covered walkway); Mount Arafat; 3 stone pillars; Ka'bah again). See example below.</li> </ul>	
<b>Art</b>	<b>Jasper Johns Printing</b> Have a look at the Jasper Johns images below – see how he makes repeated patterns in his printing. <ul style="list-style-type: none"> <li>Using a found object (support below) print and cover two pieces of paper each with a different pattern. Use the same colour of paint for each one.</li> <li>On one piece of paper, you will draw and cut out a number – see sheet below for template ideas. On the second piece of paper, you will trace around your number and then lift it from the paper and colour the traced image using coloured pencils/chalk/oil pastels.</li> <li>Smudge the edges of the coloured in traced image and then stick your number back onto the second piece of paper.</li> </ul>	You will need: •Paper, •Pencil •Paint or colouring pencils or felt tips •Scissors •Glue *Support 3
<b>Computing</b>	<b>Staying safe online</b> <ul style="list-style-type: none"> <li>Think about ways we have learned stay safe when we are on the Internet.</li> <li>Play <a href="#">Interland</a>, Google's game that teaches you how to stay safe. Explore the <a href="#">Be Internet Awesome website</a> and discuss the <a href="#">safety tips</a> with your parent/ carer.</li> </ul>	



Here are some fun challenges suitable for the whole family

<b>Week 4</b>	
<b>1. To talk about</b>	<b>Would you rather be able to fly or breathe underwater?</b>
<b>2. To do</b>	<b>How many squat jumps can you do in a minute?</b> Try and beat your record each day this week.
<b>3. To investigate</b>	<b>Can you hear better with your eyes closed?</b>
<b>4. To find out more about</b>	<b>A mountain or an ocean</b>
<b>5. To design</b>	<b>A gadget to help you with your home learning</b>
<b>6. To learn</b>	<b>How to make different colours</b> Think about primary, secondary and tertiary colours
<b>7. To draw</b>	<b>The ingredients for your favourite meal</b>
<b>8. To create</b>	<b>Colour wheel and come up with your own names for each colour e.g. rust orange, ocean blue</b>

# Support Science

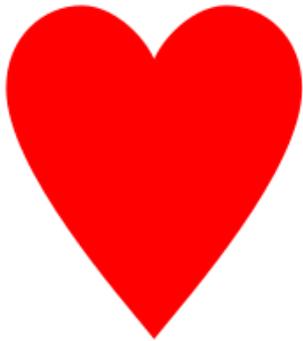
Positives	Negatives
E.g. A busy road may stop so many foxes being nearby, meaning that small mammals are safer.	E.g. The fumes from the cars could pollute ponds and affect the wildlife in them.



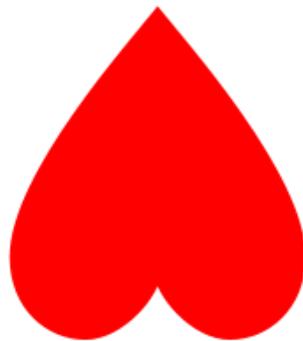
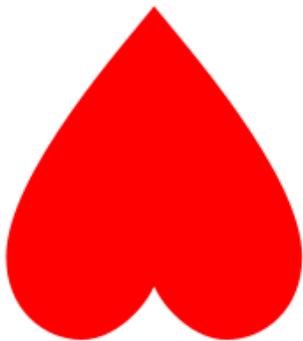
Resource  
History



A family card game to get you running!



- Using a deck of cards set out a number of cards face down at the end of your running area.
- Decide on a number of different exercise before playing the game. Eg. Star jumps, mountain climber, burpees, press-ups
- Take turns to run from your start line to where the cards are placed-choose a card, perform repetitions of one of the exercise based on the numbered card you chose, and then run back to the start to high 5 a family member & repeat.
- Work out how to play with or against family members-It could be a relay race against family members or work in teams to do relays or even children V adults- who will be the fittest & quickest?
- **Get creative** and work out a number, forfeit or rule if you choose a JACK, QUEEN, KING, ACE OR JOKER! E.g. joker= you are exempt from the exercise or the opposition must do double the number they chose!
- Choose different start positions from Task 1- to add in reaction starts!



# RE: Map

## Journey to the Hajj - Mecca.

Lesson 3 → Pilgrimage to the Hajj



fly to Mecca in Saudi Arabia

### ② The Ka'bah

• circle the Ka'bah 7 times anti-clockwise



• This is the central point of prayer. Whenever Muslims pray, they face the Ka'bah.



• Pilgrims have to walk 7 seven times between the hills of Safa and Marwah.

• Overall, about 3/4 kilometres

### ④ Mount Arafat

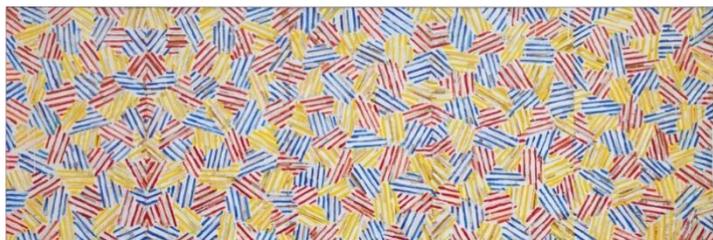
• Muslims seek forgiveness



• Walk to the plain of Mount Arafat  
• This is where the Prophet Muhammad delivered his last sermon.

### ⑤ Return to Mecca

# Art - Jasper Johns Printing



Jasper Johns – Crosshatch



Jasper Johns – Map



Jasper Johns – Alphabet

Use found objects to print with – this might be a fork, a cotton reel, the edge of a ruler, a paperclip, a lego brick – anything that creates a pattern. If using ready mixed paint, dip your item into the paint. If using watercolour paint, paint the raised edge of your item. If you don't have paint, you can use felt tips and again colour the edge of your item.

Using the same colour pick two objects and use each one to cover the surface of a piece of paper so that you have two printed papers. When they are dry, on one of the pieces of paper, draw a number – make it big and bold! Look at the template ideas here to help you.



you.

Cut it out and lay it on your

second piece of paper. Draw around it then lift it off the page. Using crayon or chalk, colour in the image of your number that you have just drawn on the second piece of paper, smudging the image around the edge.

When you have finished, glue the cut out number back down onto the second piece of paper over the image that you drew and coloured. You should be able to see the smudged edges.

