

Year 1 Curriculum Summer 2 Week 6

To do throughout the week...

Wellbeing	<p>How to deal with worry How are you feeling?- Look at the thermometer to help you</p> <p>Story : The Huge Bag of worries</p> <p>Activity: Worry Hat- write all of your worries and put them on the worry hat. Think about all the things that make you feel relaxed.</p>
Daily Exercise	Keep active! Make sure you do something active each day. Maybe do the exercises here .
	The Great 8 are fun challenges suitable for the whole family. See below.

Here are the curriculum activities for the week. You can do in any order you choose.

Try to do these this week as next week's activity will follow on in each subject.

Science	<p>How would you sort these materials?</p> <ul style="list-style-type: none"> • What different materials do you know? • Watch the video. • Can you sort some things at home into different groups based on the materials they are made from? 	
History	<p>Local History</p> <ul style="list-style-type: none"> • Look at these pictures and think about what you observed in the first session • Do you think people always drove in cars around London? • Can you write some sentences to explain how people moved around the town? Use the pictures to help. 	You will need Resource
Geography	<p>What is the Australia like?</p> <ul style="list-style-type: none"> • Look at the world map below. Can you find Australia on it? • Watch the information video about Australia here. • Test your knowledge by playing this quiz. Write your own quiz questions (and answers) about Australia and ask them to a family member. See example questions below. 	You will need Resource & Worksheet
PE	<p>Athletic Training Programme Warm up – watch video</p> <ul style="list-style-type: none"> • This is your chance to continue training like an athlete! • Repeat previous sessions (Week 3 & week 4) each week. • Can you repeat them more than once each week? <p>At the end of each week, complete the activities below. Some are from previous lessons and are from the Virtual Sports Day.</p>	You will need: A safe space to work in, a timer Some safe household items to use as markers and to jump over
Languages	<p>La chenille et les couleurs</p> <ul style="list-style-type: none"> • Listen to this song about 'le papillon'. • Copy the actions and use the sheet to help you learn the words. • Colour in our butterfly making sure it is symmetrical; label the colours in French and write 'Le papillon' underneath. 	You will need Internet access Colouring pencils and activity sheet
Design Technology	<p>Monster Letters</p> <p>Listen to the story about the Colour Monster in the Storytime section of the Q1E website (Colour monster video). Decide which emotion you want your monster to be – how are you feeling today?</p> <ul style="list-style-type: none"> • Pick the letter you are going to use – it might be the first letter in your name – and then copy it onto a piece of paper in your chosen colour. Make the letter as large and as thick as you can. Then, cut it out. • Stick your letter onto a piece of paper –black always looks good but any darker piece of paper would work. • Decide which emotion your monster is going to show and then cut out his features from coloured scraps of paper and stick them on. When you have finished sticking, you can add further details using your wax crayon or other colouring equipment. 	You will need Different coloured/type of paper, Pencil Wax crayons/ felt tips or colouring pencils Scissors, glue *Support and Colour monster video
Music	<p>Exploring Dynamics</p> <ul style="list-style-type: none"> • Watch the first video in link and can explain what dynamics are what the different types of words are used to describe dynamics (fortissimo, crescendo, piano) • Watch the second video in the link using the instruments you made last week. Can you play along with the music? Change your dynamics with the music from piano, fortissimo and adding in any crescendos. 	You will need: Internet access Paper, pen Instruments from last week

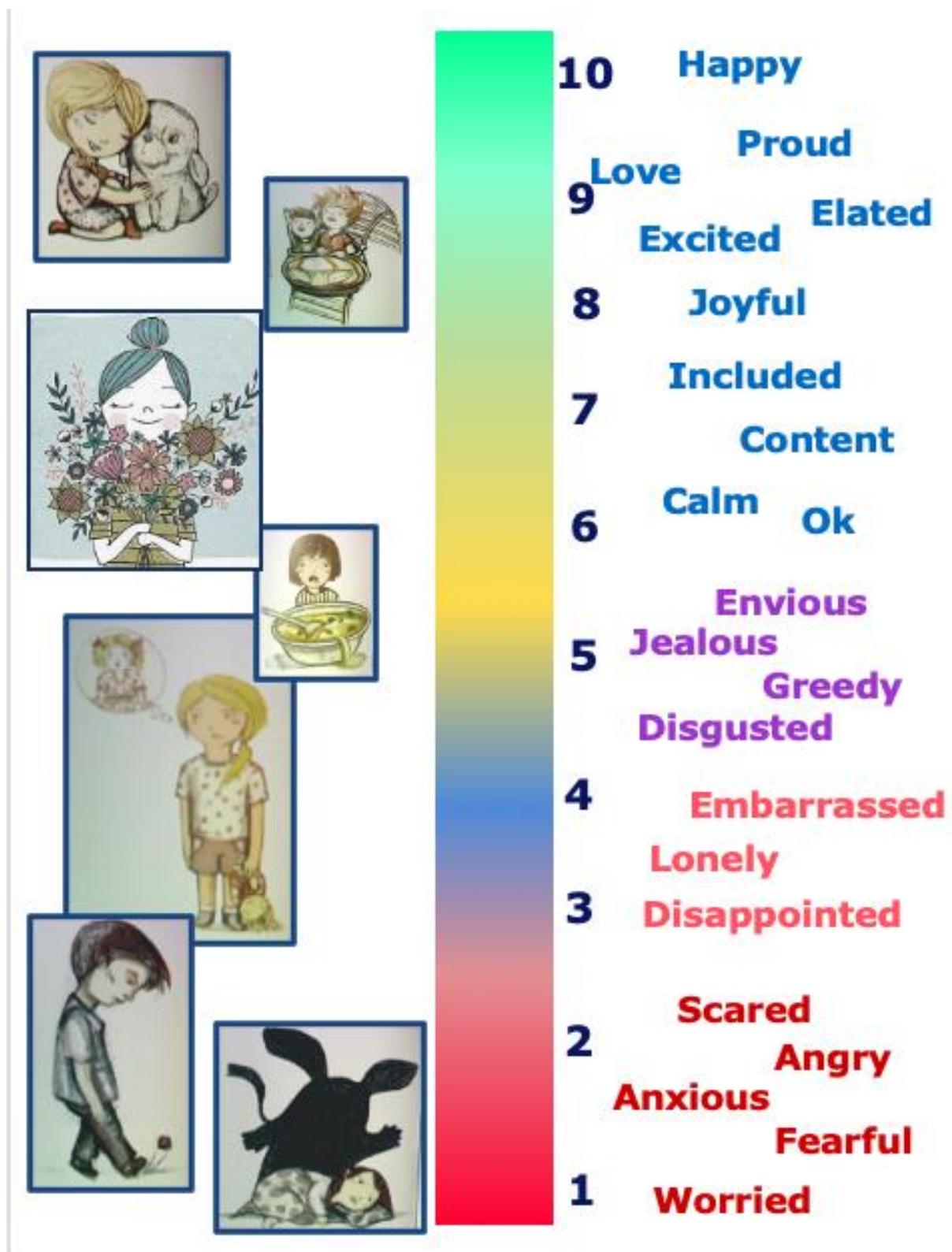


Here are some fun challenges suitable for the whole family.

Summer 2 Week 6

1. To talk about	Would you prefer: a day on your tablet or a day at the beach?
2. To do	Rub your tummy and tap your head at the same time.
3. To investigate	Does everyone in your house need the same amount of sleep?
4. To find out more about	The author of the book you are reading or have read.
5. To design	A poster to encourage people to recycle
6. To learn	How to tie a new knot. For example, tie your laces, a tie or a figure 8 knot.
7. To draw	A friend
8. To create	Make a musical instrument out of things about your house. What sounds can it make?

Wellbeing – Feelings Thermometer



The Worry Hat



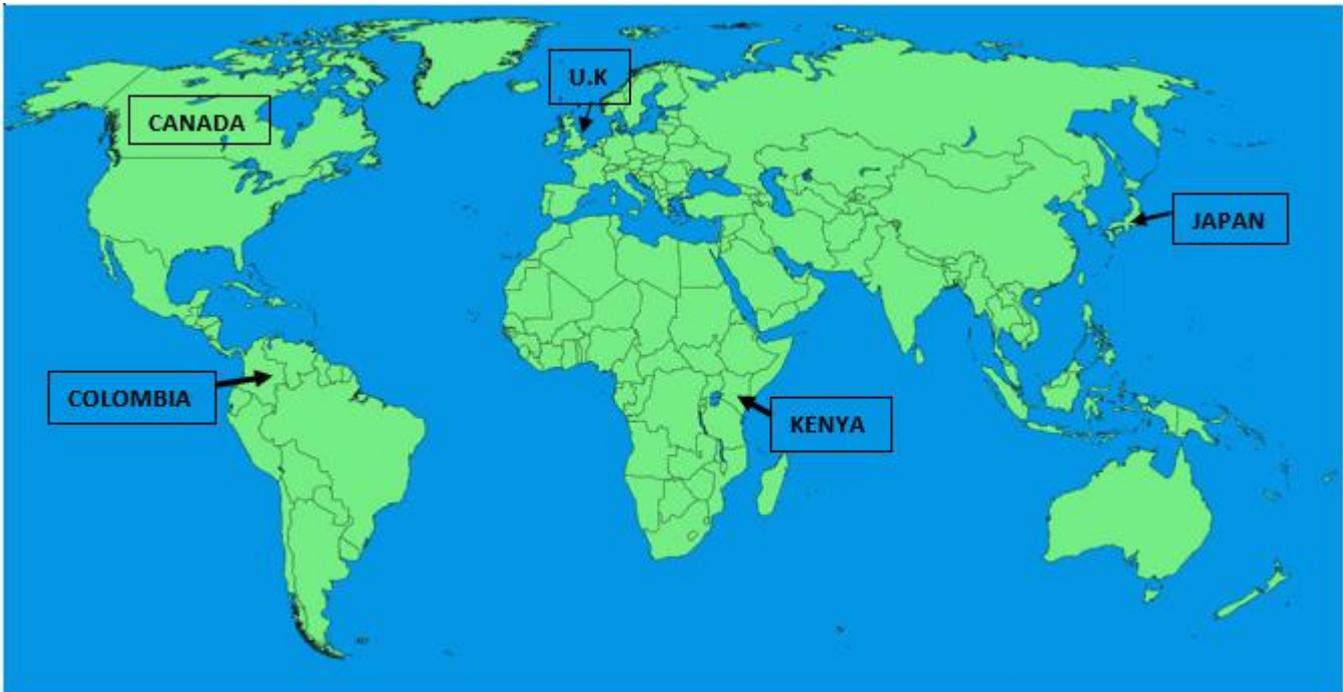
History – Resource



Geography - Resource

Can you find Australia on this map?

*Hint: It is the 6th largest country in the world and is surrounded by water.



Sample quiz questions:

- What colours are in the Australian flag?
- What animals can you find in Australia?
- What do they grow in Australia?
- How long does it take to get to Australia?
- Can you name a city in Australia?
- What would you pack for a holiday to Australia?

(Remember to write the answers to your questions)

Geography – Worksheet

Quiz about Australia



Circle the correct answer:

1.					6.				
2.					7.				
3.					8.				
4.					9.				
5.					10.				

Make up your own quiz questions and answers.

Q

A

Q

A

Q

A

At the end of each week, complete the activities below. Some are from previous lessons and are from the Virtual Sports Day.

1. **Shuttle run** – [watch video](#)
2. **Squats** – [watch video](#) (find where Mr G explains the squat!)
3. **Speed bounce** – [watch video](#)
4. **Press ups** – [watch video](#) (find where Mr G explains the press up!)
5. **Plank** – [watch video](#) (find where Mr G explains the plank!)

Fill in your scores in the table below and see if they improve over the next three weeks.

Activity	Week 5	Week 6	Week 7
Shuttle run – how many in 30 seconds?			
Squats – how many in 30 seconds?			
Speed bounce – how many in 30 seconds?			
Press ups – how many in 30 seconds?			
Plank – how long can you hold the plank for?			

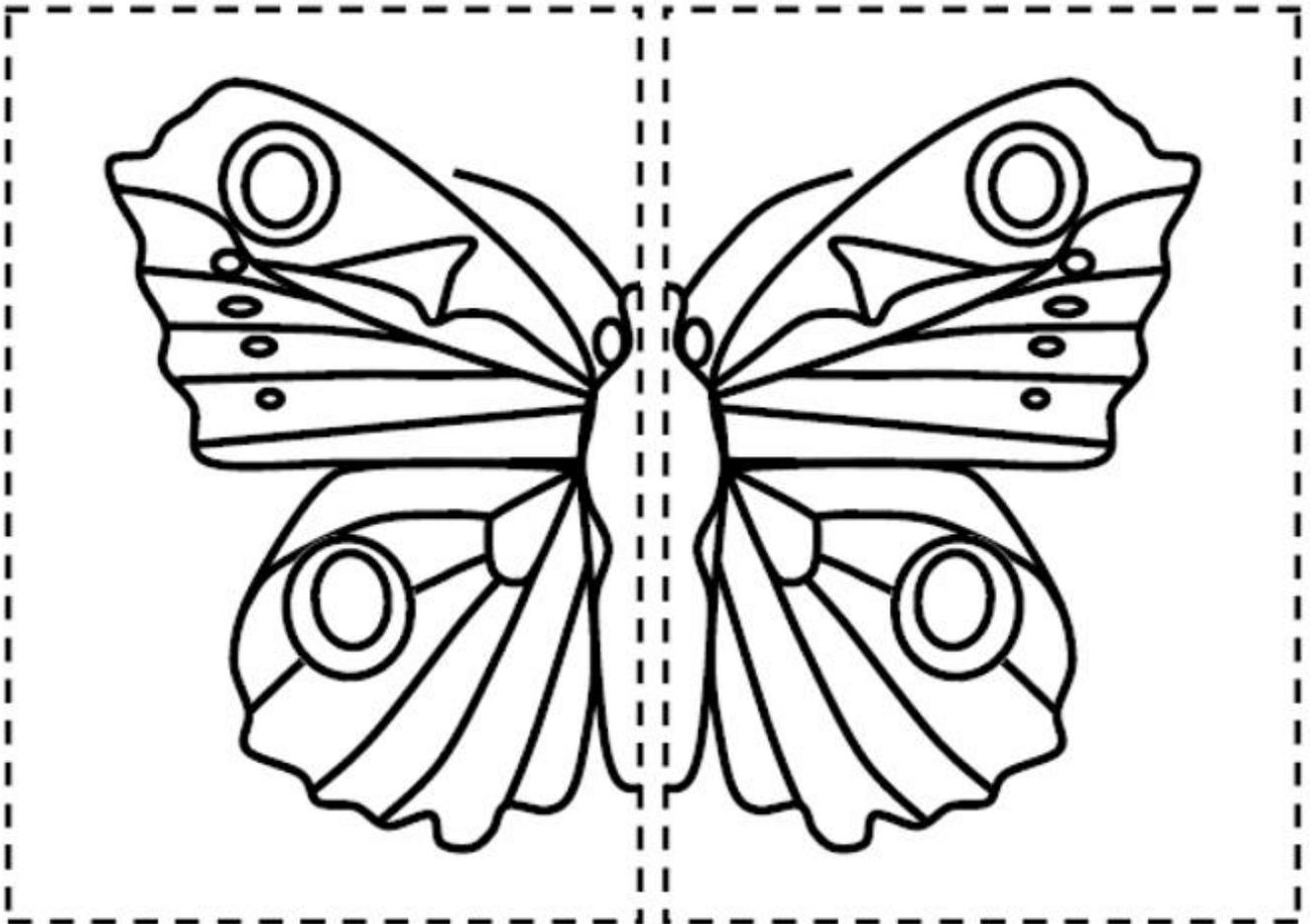


Activity 2: **Learn** the lyrics to our song.

Papillon

Vole, vole, vole papillon
Vole, vole, vole papillon
Au dessus de mon village
Vole, vole, vole, papillon
Au dessus de ma maison.

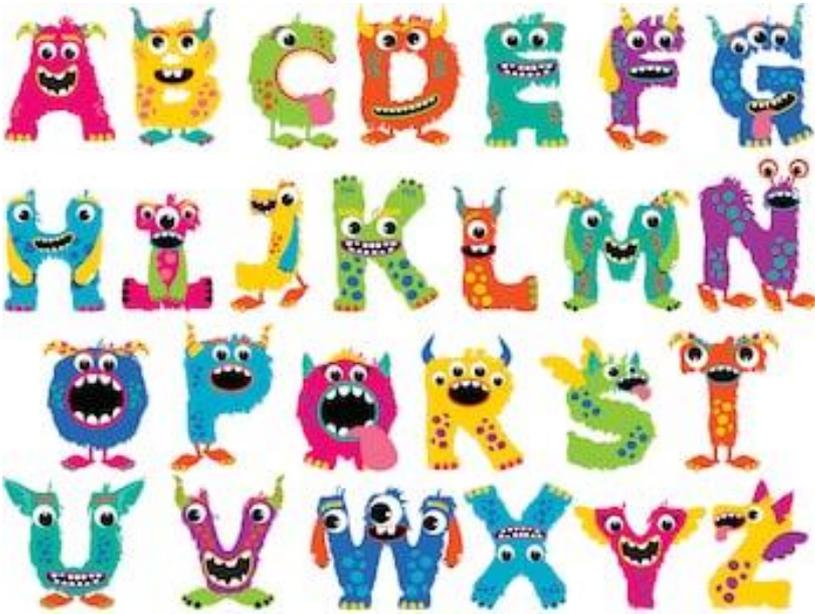
Activity 3: **Colour** in the butterfly making sure it is symmetrical (same on both sides). **Label** the colours in French and **write** 'Le papillon'. Copy the design or create your own if you can't print.



Design Technology – Monster letters



Think about the colour you want your monster to be – how are you feeling today? You might want to pick another colour than the ones in the story – what emotions might they represent?



These monster letters might give you some inspiration. When you are drawing your letter make sure that you make it tall and wide enough for you to be able to add lots of extra details. If it's too small you will find it difficult and fiddly to cut small pieces to stick on.



Before you start to add details to your monster, practise making faces that show the emotion you want your monster to have. If you are happy give yourself a big smile and look in the mirror. What happens to the corners of your mouth when you smile, do your eyes get bigger or smaller? What do your eyebrows do? Try this with whatever emotion you want to

use and look how your face changes when you show this. Use

what you have noticed in your picture when you are adding the details.



If you are cutting out eyes or ears or anything that you need two of fold your paper in half before you start and cut through both layers, that way they will be identical to each other.